

# Menu Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (Meat)	Southern Fried Chicken Goujons	Homemade Chicken Tikka Masala	Fresh Roast Loin of Pork and Yorkshire Pudding	Marinated Smoky BBQ Chicken Fillet	Fresh Lamb Kofta Burger in a Bun
Main Meal (Vegetarian)	Moroccan Falafel Wrap	Homemade Vegetable Tikka Masala	Quorn Frankfurter, Sauteed Onions in a Bun	Cauliflower Curry	Quorn Nuggets
Freshly Baked Jacket Potatoes	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chefs Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chefs Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chefs Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day
Daily Vegetables	Mixed Salad	Seasonal Selection	Seasonal Selection	Corn on the Cob	Mixed Salad
Daily Carbohydrates	Chips	50/50 Rice Naan Bread	Roast Potatoes	Steamed Rice	Seasoned Potato Wedges
Daily Pasta	Pasta Pot With Daily Sauce Selection	Pasta Pot with Daily Sauce Selection	Pasta Pot With Daily Sauce Selection	Pasta Pot With Daily Sauce Selection	Pasta Pot With Daily Sauce Selection
Grab & Go	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches
Dessert of the Day	Homemade Fresh Fruit Salad	Frozen Strawberry Smoothie Tub	Homemade Pear Crumble, served with Custard	Buttermilk Pancakes served with Pouring Syrup	Chocolate Cookie
Home Bakes	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day
Fruit Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection
Yoghurts	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours

# Menu Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (Meat)	Southern Fried Chicken Breast served in a Bun	Pork Hotdog Sausage, Sauteed Onions served in a Roll	Chicken Tikka Wrap	Fresh Cheeseburger served in a Bun	Pizza Wedge
Main Meal (Vegetarian)	Homemade Cheese and Tomato Pasta Bake	Vegetable Beanburger served in a Roll	Caramelised Vegetable Quiche	Vegan Sausages served in a Roll	Pizza Wedge
Freshly Baked Jacket Potatoes	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day
Daily Vegetables	Baked Beans Coleslaw	Mixed Salad	Seasonal Selection	Mixed Salad	Baked Beans Coleslaw
Daily Carbohydrates	Hash Browns	Fresh Homemade Cajun Spiced Potato Wedges	Baby New Potatoes	Fresh Homemade Seasoned Potato Wedges	Chips
Daily Pasta	Pasta Pot with Daily sauce Selection	Pasta Pot with Daily Sauce Selection	Pasta Pot with Daily Sauce Selection	Pasta Pot with Daily Sauce Selection	Pasta Pot with Daily Sauce Selection
Grab & Go	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches
Dessert of the Day	Frozen Orange Smoothie Tub	Homemade Fresh Fruit Salad	Homemade Chocolate Orange Muffin	Homemade Iced Carrot Cake	Vegan Chocolate Cookie
Home Bakes	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day
Fruit Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection
Yoghurts	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours

# Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (Meat)	Breaded Fishcakes Breaded Salmon Fishcakes	Homemade Beef Lasagne	Roast Gammon Yorkshire Pudding	Marinated Maple and Chilli Chicken Fillet	Fresh Beefburger served in a Bun
Main Meal (Vegetarian)	Vegetable Burger served in a Bun	Homemade Vegetable Lasagne	Roast Quorn Fillet	Homemade Macaroni Cheese	Quorn Southern Style Burger served in a Bun
Freshly Baked Jacket Potatoes	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day
Daily Vegetables	Baked Beans	Mixed Salad	Seasonal Selection	Garden Peas Sweetcorn	Seasonal Selection
Daily Carbohydrates	Chips	Garlic Bread Slice	Roast Potatoes	Baby New Potatoes	Fresh Seasoned Potato Wedges
Daily Pasta	Pasta Pot With Daily Sauce Selection	Pasta Pot With Daily Sauce Selection	Pasta Pot With Daily Sauce Selection	Pasta Pot With Daily Sauce Selection	Pasta Pot With Daily Sauce Selection
Grab & Go	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches
Dessert of the Day	Fresh Fruit Salad	Homemade Apple Pie and Freshly Made Custard	Fresh Homemade Vegan Chocolate Cookie	Frozen Raspberry Smoothie Tub	Fresh Homemade Chocolate Muffin
Home Bakes	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day
Fruit Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection
Yoghurts	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours